



## Getting Started

# *Age Page – Summer 2017*

This newsletter will keep you up to date on the activities of the Getting Started Programme and provide information on interesting websites, new technology and news.

*Getting Started* is a programme for older people to help them gain confidence and basic skills in computers and the internet. Training is provided by volunteer tutors in small classes, with an emphasis on encouragement and support for older learners.

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### Staff Changes

#### CEO Age Action

Since the last edition of Age Page, after ten years working with Age Action, Eamon Timmons has moved to a new post as Head Of Communications and Stakeholder Engagement at the Charities Regulatory Authority (CRA). We wish Eamon every success in his new role. Eamon kindly has allowed us to share a post he wrote on his LinkedIn account about what he learned and enjoyed about his ten years working with Age Action.

[www.ageaction.ie/blog/2017/05/16/lessons-10-years-age-action](http://www.ageaction.ie/blog/2017/05/16/lessons-10-years-age-action)

## Silver Surfer Awards

The 2017 Silver Surfer Awards were sponsored this year by open Eir and were hosted in Eir HQ, Dublin on 28<sup>th</sup> March.

The event was the best yet!

Doreen Thew, a 92-year-old nursing home resident from Maynooth, Co Kildare, is this year's overall winner of the 2017 open eir Silver Surfer Awards.

Doreen is originally from London and was a wireless operator during World War II before working as an accounts clerk. She lives in the TLC Nursing Home in Maynooth, which had to install a wifi booster for her on arrival as there was no way Doreen was going to be separated from her beloved iPad.

Four other awards were presented during the ceremony:

The **New to IT Award** went to Brendan Crean from Kilbarrack, Dublin. Brendan has never let being diagnosed with cerebral palsy stand in his way and in recent years has developed a passion for social media and the internet while attending adult education classes with KLEAR in Kilbarrack.

In only five years Betty Smith from Bandon, Co Cork, has gone from learning to send emails in an Age Action class to winning the **Hobbies on the Net** award today. The skills she learned there were essential to starting her own business making Poitín Marmalade.

Frank Brady from Malahide in Dublin was the winner of the **IT Tutor of the Year Award**, which recognises the efforts of the hundreds of people across Ireland who volunteer with Age Action's Getting Started programme.

**Golden IT Award** winner and retired Wexford Garda John Hayes left school at 13 years old to help on the family farm but his determination to succeed drove him to teach himself to read and write at the age of 20 so he could join the Gardaí and serve his local community.

Please see the link below to our webpage for more information on our winners and photos of Silver Surfer Awards 2017.

<https://www.ageaction.ie/news/2017/03/29/92-year-old-doreen-thew-2017-open-eir-silver-surfer>

We will be launching 2018 Awards later on in the Autumn so watch this space!

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## **Consumer Help**

If you are looking for some help or have concerns about buying online, take a look at the following website which offers clear information and some good advice from the Competition and Consumer Protection Commission:

<http://www.consumerhelp.ie/before-buying-online>

They also have a link on scams in general. This link gives contact information and acknowledges that embarrassment can prevent people from availing of redress or their statutory rights

<http://www.consumerhelp.ie/scams>

## **Stock Collections/New Shops**

Age Action will soon have six stores throughout the country with the opening of a new shop in Galway in the coming weeks.

If you are in a position to donate any goods to help stock our shops such as clothing, Bric a Brac, shoes, handbags, jewellery etc – please call our Stock Collection Team at 01 4756989 to donate.

All donations are gratefully accepted ☺

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## **Refurbished Computers**

We often get enquiries about purchasing laptops at reduced rates. GreenIT are an Irish based company who sell reconditioned laptops and tablets at reasonable prices. All products come with a warranty.

<https://www.greenit.ie/>

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## **Dawn Chorus 2017**

The Dawn Chorus has become a radio phenomenon in Ireland. Every Spring, for more than two decades now, Derek Mooney and his Mooney Goes Wild team on RTÉ Radio 1 have broadcast the sounds of early morning birdsong into homes across the country. This year they recorded from twenty-one locations around the world.

<http://www.rte.ie/radio1/mooney/generic/2017/0316/860210-dawn-chorus-2017/>

## **Citizens Assembly**

### **How we best respond to challenges and opportunities of an ageing population**

Submissions to the Citizens Assembly for the above topic closed on 19<sup>th</sup> May. Click on the link below to see the ideas and comments that members of the public submitted to the assembly for consideration

<https://www.citizensassembly.ie/en/Submissions/How-we-best-respond-to-the-challenges-and-opportunities-of-an-ageing-population/Submissions-Received/>

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## **Websites of Interest**

### **Silver Cinema**

ODEON Silver Cinema is running a series of weekly film screenings for cinema goers who are over 55. Tickets are just €3 each and include hot drinks and snacks before your film!

While Odeon Cinemas are not nationwide, there is a good spread around the country. Click on link below to see what movies are running in the cinema nearest to you.

<http://www.odeoncinemas.ie/silvercinema/>

### **Irelands Own**

You can sign up for Irelands Own newsletter and read some articles from this interesting weekly magazine

<https://www.irelandsown.ie/>

## Eircode Finder

If you are unsure of your Eircode, this website is the place to check!

<https://www.eircode.ie/home>

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## Can you Help?

Age Action South has a number of Fundraising Collections and Church Gate Collections coming up in the month of June. If you would be willing to offer a few hours of your time to support us in Cork in June or get involved in assisting us with our National Flag Day on September 29<sup>th</sup>, please contact Daragh Matthews 01-4756989 or email [businessdevelopent@ageaction.ie](mailto:businessdevelopent@ageaction.ie)

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## Holidays for The Over 55s

Golden Ireland is an Irish travel company for over 55s, established in 2009. It brings together the numerous "golden year's" rates that are widely available from hotels throughout Ireland, as well as featuring tourism providers that provide a senior's discount. The over 55s travel website, Golden Ireland.ie has just launched a new service for its customers – **Golden Ireland Breaks** Active retirement groups, over 55s social clubs, ICA guilds, or any over 55s group can avail of tailor made packages especially for them.

For more information on Golden Ireland Breaks, see

<http://www.goldenireland.ie/>

## **Potatoes, Audrey Hepburn and Titanic: Ireland's History of Radio**

Róisín Power visits Ye Olde Hurdy Gurdy Museum of Vintage Radio and finds a kaleidoscopic collection of memorabilia from Ireland's broadcast history.

<http://www.universitimes.ie/2017/03/potatoes-audrey-hepburn-and-titanic-irelands-history-of-radio/>

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## **YouTube Videos**

### **Rugby World Cup 2023**

<https://www.youtube.com/watch?v=TIK2LLho5Dw>

### **Beautiful Drone Footage of Ireland**

[https://www.youtube.com/watch?v=59YL\\_Sg3wzo](https://www.youtube.com/watch?v=59YL_Sg3wzo)

### **Elvis Loving Irish Parrot**

<https://www.youtube.com/watch?v=CEQuDyuQFKE>

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## **Ageing Matters**

- Pension Cuts, Page 4
- Story from a Getting Started Volunteer Tutor, page 8
- Assistive Technology, page 14
- Have your Say, turn to page 18

For all of that and a lot more check out

[https://www.ageaction.ie/sites/default/files/attachments/ageing\\_matters\\_april\\_2017.pdf](https://www.ageaction.ie/sites/default/files/attachments/ageing_matters_april_2017.pdf)

Please scroll to page 20 if you are not already a member of Age Action. Our voice as an organisation becomes stronger the more members we have!

Please feel free to share this email with your friends and family.

Also check out our website for new blogs, updates of our activities and lots more!

<https://www.ageaction.ie/>

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## **Age Action's Facebook**

### **Help get us to 8,000 Likes**

We have 7,587 likes on Facebook and we would love to reach 8,000 soon. It's a great way to follow what's going on in the charity so if you are on Facebook please find the Age Action page click "Like" and "Share" the page with your friends and ask them to "Like" us too. If you "Like" and "Share" our postings you can greatly help us to spread our message far and wide.

[www.facebook.com/AgeActionIreland](http://www.facebook.com/AgeActionIreland)

Thanks.





## You can also follow us on Twitter

<https://twitter.com/ageaction>

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### Do you know someone who is over 55 who would like to learn to use a computer?

- **Dublin & Leinster** - 01 475 6989
- **Cork & Waterford** – 021 2067399
- **Galway & Connaught** - 091 527831

### Attention Volunteer Tutors

If your students would like to receive this monthly email newsletter just ask them to email [gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie) and we will include them in the mailing. Please could you also ask students to include their location in the email. Thanks

### Contribute to this Newsletter

If you know of an interesting website or have information on technology that you would like to share, or if you would like to write a short story about your experience as a learner or tutor please contact Jennifer Glansford at [gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie)

**Getting Started, Age Action Ireland,  
30/31 Lower Camden Street, Dublin 2  
Phone: 01 475 6989**

### **Unsubscribe**

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