



## Getting Started

# *Age Page July/August 2015*

### **Welcome to the *Getting Started* Age Page.**

This newsletter will keep you up to date on the activities of the Getting Started Programme and provide information on interesting websites, new technology and news.

*Getting Started* is a programme for older people to help them gain confidence and basic skills in computers and the internet. Training is provided by volunteer tutors in small classes, with an emphasis on encouragement and support for older learners.

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### **Age Action Holds Its AGM**

On 22nd June, Age Action Ireland held its Annual General Meeting at Croke Park. Highlights of Age Action's plans for advocating on behalf of Ireland's older population may be found here:

[www.ageaction.ie/annual-general-meeting-age-action-members-urged-mobilise-grey-vote](http://www.ageaction.ie/annual-general-meeting-age-action-members-urged-mobilise-grey-vote)

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## **The Latest Edition of Ageing Matters Magazine Has Arrived!**

- Are you ready for EirCode, Ireland's new postcode system?
  - Forget the Stigma: Dementia Awareness Campaign
- Age Action celebrates 10 years in Sutton-Baldoyle

Find all this and more: <http://bit.ly/1gq4sEQ>

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### **Getting Started Learners Speak Out**

Do you know someone who can't use a computer? Why not suggest a Getting Started computer class to them.

See what our learners (and tutors!) in Cork have to say after completing a class at VMware! Thanks to all the employees at VMware for volunteering to tutor and for making this great video

[www.youtube.com/watch?v=NkZPpttbJZQ&feature=youtu.be](http://www.youtube.com/watch?v=NkZPpttbJZQ&feature=youtu.be)

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### **Age Action is looking for a sponsor for the Silver Surfer Awards**

The Silver Surfer Awards highlight the online achievements of some of Ireland's top silver surfers. After a hugely successful partnership with Google, we're looking for a new sponsor for the awards so if you know anyone who might be interested, even maybe your own employer, please pass on the details. For more information

see

[www.ageaction.ie/silver-surfer-awards-2015-sponsorship-opportunity](http://www.ageaction.ie/silver-surfer-awards-2015-sponsorship-opportunity)

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## **Keeping cool?**

The recent heatwave may have passed, but the summer is far from over. Here are some reminders on how to stay safe in the heat, at home or abroad.

[www.hse.ie/eng/services/news/media/pressrel/newsarchive/2013archive/july2013/summerweather.html](http://www.hse.ie/eng/services/news/media/pressrel/newsarchive/2013archive/july2013/summerweather.html)

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## **So What /s an Eircode?**

Don't get left behind as Ireland introduces its new postcode system. In the coming weeks, a unique letter and number combination will be introduced for every residential and commercial premises. You will be informed of yours by post. In the meantime, get up to speed at Eircode's website.

[www.eircode.ie/what-is-eircode](http://www.eircode.ie/what-is-eircode)

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## **Websites of Interest**

### **Catholic Parish Registers Now Online**

You can now search for parish records from the 1740s to the 1880s with just an internet connection! Thousands of baptismal and marriage certificates, dating from the 1740s to the 1880s can now be accessed online, for free.

<http://registers.nli.ie/>

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### **Elephants in Your Living Room**

Did you know that you can see the animals of Dublin Zoo from the comfort of your own home? If your computer is able to play video, you can see live images of the elephants, giraffes, penguins and wolves. Go on safari before breakfast!

[www.dublinozoo.ie/17/Webcams.aspx](http://www.dublinozoo.ie/17/Webcams.aspx)

Prefer something a little more exotic? Washington Zoo in the United States let's you spy on their pandas, too!

<http://nationalzoo.si.edu/animals/webcams/giant-panda.cfm?cam=panda03>

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### **Do You Remember When?**

Once upon a time, you could drive down Grafton Street, with nary a busker in sight. If you yearn for those days, this is the video for you. Shot in 1976, you can also see an unfinished central bank and a *lot* of flared trousers.

[www.youtube.com/watch?v=pWUferyKCww](http://www.youtube.com/watch?v=pWUferyKCww)

Is 1965 closer to your preferred vintage? This short black and white film, shot for CIE training purposes, might be for you.

[www.youtube.com/watch?v=kC0xpgmKOT8](http://www.youtube.com/watch?v=kC0xpgmKOT8)

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### **YouTube Video**

Val Doonican's best know song, RIP

[www.youtube.com/watch?v=7FF0m-580B4](http://www.youtube.com/watch?v=7FF0m-580B4)

Cat hitches a ride on a the wing of a hand glider

[www.youtube.com/watch?v=oT2z6baoEoM](http://www.youtube.com/watch?v=oT2z6baoEoM)

RTE Archives – News report on Ryanair’s First Flight

<http://www.rte.ie/archives/2015/0707/713260-ryanairs-first-flight/>

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## **Fundraising Trek**

Would you like a walking holiday to THE ISLANDS OF SARDINIA AND CORSICA IN ITALY & FRANCE *1st to 8th October 2015* and to help raise much needed funds for Age Action at the same time?

We need a group of 25 likeminded people to raise €2,900 each to cover flights, accommodation, meals and transfers

Contact Daragh at [businessdevelopment@ageaction.ie](mailto:businessdevelopment@ageaction.ie) or 01 4756989 for more information

For all the details please click [here](#)

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## **Age Action’s Facebook & Twitter**

We have 3,899 likes on Facebook and over 5,711 followers on Twitter. Age Action’s Facebook & Twitter are a great way to follow what’s going on in the charity–so if you are on Facebook please find the Age Action page click “Like” and “Share” the page with your friends and ask them to “Like” us too. If you “Like” and “Share” our postings you can greatly help us to spread our message far and wide.

[www.facebook.com/AgeActionIreland](http://www.facebook.com/AgeActionIreland)

<https://twitter.com/ageaction>

Thanks.



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## **Attention Volunteer Tutors**

If your students would like to receive this monthly email newsletter just ask them to email [gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie) and we will include them in the mailing. Please could you also ask students to include their location in the email. Thanks

## **Contribute to this Newsletter**

If you know of an interesting website or have information on technology that you would like to share, or if you would like to write a short story about your experience as a learner or tutor please contact Pauline Power at [gettingstarted@ageaction.ie](mailto:gettingstarted@ageaction.ie)

**Getting Started, Age Action Ireland,  
30/31 Lower Camden Street, Dublin 2  
Phone: 01 475 6989**

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